

METROPLEX GYMNASTICS

Gymnastics, Tumbling & Ninja Schedule

revised August 8, 2022

Class Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
9:30	Red Tiny Tots-Mindy	Red Tiny Tots-Mindy	Red Tiny Tots-Charlena	Red Tiny Tots-Charlena		9:00	Green Gym - Danielle	
	Yellow Preschool Gym- Sabrina	Yellow Preschool Gym- Lacey	Green Preschool Gym - Sabrina	Green Preschool Gym -Mindy			Yellow Gym- Deyla	
	Mini Ninja Gym- Charlena	Mini Ninja Gym- Charlena	Yellow Preschool Gym- Mindy	Yellow Preschool Gym- Lacey			BRONZE GYM- Ellis	
10:30	Red Tiny Tots-Charlena	Red Tiny Tots-Charlena	Red Tiny Tots-Charlena	Red Tiny Tots-Charlena		10:00	BRONZE GYM- Mason	
	Green Preschool Gym -Mindy	Green Preschool Gym -Lacey	Green Preschool Gym -Mindy	Green Preschool Gym -Mindy			Beginner Tumbling- Lucy	
	Yellow Preschool Gym- Sabrina	Yellow Preschool Gym- Mindy	Yellow Preschool Gym- Sabrina	Yellow Preschool Gym- Lacey			Red Tiny Tots-Ellis	
***MORNING PRESCHOOL CLASSES START THE WEEK AUGUST 15th ***						11:00	Green Preschool- Lucy	
							Yellow Preschool Gym-Delya	
							BRONZE GYM -Mason	
2:00							11:00	BRONZE GYM -Danielle
								Red Tiny Tots-Ellis
								Green Preschool Gym - Lucy
						11:00	Yellow Preschool Gym- Delya	
							GIRLS SILVER - Danielle	
							JR.Ninja Gym - Mason	
3:45	BRONZE GYM- Brad	BRONZE GYM- Lacey	BRONZE GYM - Cadence	BRONZE GYM- Aria				
	BRONZE GYM- Lucy	GIRLS GOLD- Brad	GIRLS SILVER - Cameron	BRONZE GYM- Lucy				
	GIRLS SILVER - Cameron	Back Handspring- Cameron	Back Handspring - Brad	GIRLS SILVER- Brad				
	Beginner Tumbling- Abby	JR.Ninja Gym- Lucy	JR Ninja - Anthony	Beginner Tumbling- Cameron				
	JR.Ninja Gym - Aria			JR.Ninja Gym- Anthony				
4:00	Red Tiny Tots-Charlena	Red Tiny Tots-Charlena	Red Tiny Tots-Julius	Red Tiny Tots-Charlena	PRESCHOOL GYMNASTICS		Red TINY TOTS...CO-ED 12 months - 35 months	
	Green Preschool Gym -Mindy	Green Preschool- Cadence	Green Preschool Gym - Charlena	Green Preschool Gym - Julius			Green Preschool GymCO-ED 3 - 4 YRS	
	Yellow Preschool- Julius	Yellow Preschool- Mindy	Yellow Preschool- Mindy	Yellow Preschool GymCO ED 4 - 5 YRS				
4:45	BRONZE GYM - Abby	BRONZE GYM - Cadence	BRONZE GYM- Cadence	BRONZE GYM- Lucy	SCHOOL AGE GYMNASTICS			
	BRONZE GYM- Aria	BRONZE GYM - Danielle	GIRLS SILVER- Anthony/Brad	BRONZE GYM- Aria				
	GIRLS SILVER- Natalie	GIRLS SILVER- Cameron	GIRLS GOLD - Brad/Anthony	GIRLS SILVER- Brad				
	GIRLS SILVER- Lucy	Beginner Tumbling- David	Beginner Tumbling- Natalie	Back Handspring - David				
	Beginner Tumbling- Brad	Back Handspring- Brad/Lucy	Back Handspring - David	Mini Ninja Gym-Anthony/Julius				
	Mini Ninja Gym- Cameron	JR.Ninja Gym- Mason					JR.Ninja Gym- Cameron	
						BRONZE Gymnastic..... CO-ED 6 - 12 YRS		
5:00	Red Tiny Tots- Charlena	Red Tiny Tots-Charlena	Red Tiny Tots- Ellis	Red Tiny Tots- Charlena	TUMBLING		Red TINY TOTS...CO-ED 12 months - 35 months	
	Green Gym - Mindy	Green Preschool- Natalie	Green Preschool Gym - Mindy	Green Gym - Emma			Green Preschool GymCO-ED 3 - 4 YRS	
	Yellow Gym- Emma	Yellow Preschool- Mindy	Yellow Preschool- Julius	Yellow Gym- Mindy			Yellow Preschool GymCO ED 4 - 5 YRS	
5:45	BRONZE GYM - Natalie	BRONZE GYM - Danielle	BRONZE GYM - Natalie	BRONZE GYM - Lucy	NINJA GYM			
	BRONZE GYM - Lucy	BRONZE GYM - Lucy	GIRLS SILVER- Cadence	GIRLS SILVER- Anthony/Cameron				
	GIRLS SILVER- Abby	GIRLS SILVER- Cameron	Beginner Tumbling- David	GIRLS GOLD- Cameron/Anthony				
	Beginner Tumbling- Brad	Beginner Tumbling- Mason	Back Handspring - Brad	Back Handspring - Brad				
	Back Handspring - Cameron	Back Handspring - Brad	JR.Ninja Gym - Anthony	JR.Ninja Gym - Julius				
	Mini Ninja Gym- David						MINI NINJA..... CO-ED 5 - 7 YRS	
						JR NINA.....CO-ED 6 - 10 YRS		
6:00	Red Tiny Tots- Mindy	Red Tiny Tots- Charlena	Red Tiny Tots- Mindy	Red Tiny Tots- Charlena	MONTHLY TUITION		Red TINY TOTS...CO-ED 12 months - 35 months	
	Green Preschool- Emma	Green Gym - Cadence	Green Gym - Ellis	Green Gym - Aria			Green Preschool GymCO-ED 3 - 4 YRS	
	Yellow Preschool- Charlena	Yellow Gym- Natalie	Yellow Gym- Julius	Yellow Gym- Emma			Yellow Preschool GymCO ED 4 - 5 YRS	
6:45	BRONZE GYM- Cameron	BRONZE GYM- Danielle	BRONZE GYM- Natalie	BRONZE GYM- Lucy	PRESCHOOL GYMNASTICS (45 MINUTES)			
	GIRLS SILVER- Abby	BRONZE GYM - Cadence	BRONZE GYM - David	GIRLS SILVER- Aria				
	GIRLS GOLD- Brad/Lucy	GIRLS SILVER- Natalie	GIRLS SILVER- Cameron	Beginner Tumbling- Emma				
	Back Handspring - David	Beginner Tumbling- Mason	CHEER PREP- Brad	Back Handspring - Cameron				
	JR.Ninja Gym - Natalie	Back Handspring - Cameron	JR .Ninja- Anthony	CHEER PREP- Brad				
	SR.Ninja Gym - Julius	CHEER PREP- Brad					SR.Ninja Gym - Anthony	
						NINJA GYM CLASSES ---- \$93 PER MONTH		
7:45	OPEN TUMBLING & CHEER POWER HOUR							
	*** GREAT PRICE ***							
	BEST DEAL IN TOWN							
	Monday - Thursday Come as often as you like for just \$93 per month Coaches: Brad Lavvorn, Cameron Burk, Laura Beth Mora, & David Dexter							
							BEGINNER TUMBLING----\$93 PER MONTH	
							BACK HANDSPRING----\$93 PER MONTH	
							CHEER TUMBLING POWER HOUR ----\$93 PER MONTH	
							HOME SCHOOL CLASSES	
							ALL HOME SCHOOL ---- \$73 PER MONTH	