

METROPLEX ACADEMY TEACHERS

Christina Thomas, Kindergarten



Education:

I have a BS in Elementary Education and Physical Education from Baylor University.

I am certified to teach through 8th grade but love Teaching younger kids the most!

Experience:

I have taught in a preschool classroom since 2002. (But my mom was an amazing preschool teacher, so I grew up in that environment.)

I have coached/taught gymnastics since 1988
I have been at Metroplex since 1992.

Personal:

I have been married for 29 years.

We have a daughter Kendal that recently graduated from Northwestern University and is a writer in New York City. Sandy Streeter (Bryan's Mom) is her God Mother. We have a son who is an Aerospace PHD student at Washington University in St. Louis. My husband Zack & I have been close friends with the Streeters since 1985. They are like family to us, we spend every Thanksgiving together with the Streeters. Zack was hired by Metroplex straight out of college, his first day at work was Bryan Streeters 12 birthday party sleepover at the gym 😊

We have two 1st grade teachers, both will work with all our 1st graders

**Karen Powell
1st Grade Teacher**



Education

BS Elementary and Special Education from East Texas State University.

MED East Texas State University specializing in learning differences

MED School Administration from Texas A&M University Commerce

Experience

38 years in public education as both a teacher and an administrator. The last 11 years I was the assistant principal and interim principal at Story Elementary Allen ISD

Personal:

Baking, Crafts, organizing hospitality events for my church

**Charlena Anderson
K & 1st Grade Teacher Assistant**



Hello I am Charlena and I have been with Metroplex Preschool since 2012. Before coming to Metroplex I was a pre-k teacher at another school for 32 years. Upon its closing I came to Metroplex and have been so happy here ever since! I feel so privileged to get to be a part of your children's lives every day.

I live in Plano and am the mom of three grown boys, Andy, Dustin and Cory.

When I'm not teaching, I enjoy going to church and spending time with my six wonderful grandkids

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**Mindy Montgomery,
1st Grade Teacher**



Education:

I have a BS in Kinesiology from Texas A&M University
I am certified to teach Early Childhood through 6th
Grade

Experience:

I homeschooled my daughter, from 2nd to 8th grade
As the Preschool Gymnastics Director at Metroplex
Gymnastics I have prepared newly themed lesson
plans every two weeks. Providing appropriate skill
progression activities to develop fine and gross motor
skills, increase balance, flexibility, and strength all in a
safe and fun structured environment. I have coached
gymnastics for children 12 months to 18 years old, for
the past 22 years. (Though 3 – 9-year old's are my
favorite) I have been at Metroplex for 10 years.

Personal:

Married to Shawn Montgomery for 29 years.
Our oldest daughter, Megan, graduated from the
University of Arkansas, and lives in Katy, TX where
she works as an assistant buyer at the corporate
headquarters of Academy Sports + Outdoors.
Our youngest daughter, Lexi, is a collegiate gymnast
at the University of Minnesota, and will be a senior this
year studying Elementary Education. I love to travel
within the United States, go snow skiing and I enjoy
working out, but most of all I love spending time with
my family.

**Lacey Chitsey
2nd Grade Teacher**



Education:

I have a BS in Kinesiology and a Master's in Early Childhood
Education
from Stephen F. Austin State University.

Experience:

I have been involved in child education for the past 15 years
in different facets, swim lessons, gymnastics coach,
preschool gymnastics programs & Summer day camps.
I have been at Metroplex since 2009 as General manager &
summer camp director.

Personal:

I love to travel, workout in my spare time, and I am an
entrepreneur

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Tonya Neely
3rd Grade Teacher



Education

BS in Computer Science & Elementary Childhood Education
Xavier University

Experience

4 years Allen ISD, before that I homeschooled my daughter through 11th grade.

Personal

Born & raised in Baton Rouge Louisiana; Married for 22 years to Carl Neely has 2 kids Daughter Jazmine Metroplex gymnast for 15 years earned full ride gymnastics scholarship Illinois State University. Son Jordan plays basketball at Bethel College.

Toni Adams
4th Grade Teacher



Education:

I have a BS in Elementary Education University of Louisiana Lafayette. I am a Texas certified teacher

Experience:

I have taught for 6 years in Dallas and Mansfield ISD 4 years as lead teacher in Mansfield

Personal:

I have been married for 8 years
My husband Michael Adams played in the NFL for 7 years. 6 with the Arizona Cardinals & 1 with Tampa Bay We have four kids 2 daughters ages 11 & 2 years / 2 sons ages 7 and 4 years My oldest daughter Paityn is an Elite level gymnast at Metroplex.

MARK BIXLER
5th & 6th Grade Teacher
(mainly with the boys)



Education

BS in Elementary Education from Eastern Michigan University.
I am certified to teach K through 8th grade.

Experience

I recently retired after 36 years in Elementary Education I taught the following:

- K – 5th PE
- 3rd, 4th & 5th grade science
- 4th grade math and social studies
- Also coached gymnastics at Metroplex, football, baseball & basketball

Personal

I have been married for 37 years to my wife Lori. We have 2 children Brad & Paige. Brad is the Captain of the Royse City Fire Department. He is married to Shelley and has a son Jaxon, who is our first grandchild!

Paige went to Metroplex gymnastics where she earned a scholarship to the University of Washington. She recently moved back to Texas with her husband Bradley where she is pursuing a Bachelor of Science in Nursing from the University of Texas Arlington.

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Angela Meeks
5th Grade Teacher



Education

-Bachelor of Science in Recreation and Park Administration from Arkansas Tech University

Experience-

I have taught in many aspects of child education for over 10 years in parochial, private, and public settings in Arkansas, Mississippi and Louisiana. This involved working with students with special needs, directing the afterschool program and leading the physical education program.

Personal

I have been married to Matt for 24 years. We have two daughters, Lanie (16) and Emerson (11). We enjoy traveling, going to the lake, and watching our girls compete in volleyball, soccer and track.

Denice Coats
7th & 8th Grade Teacher



Education

I have a B.S. in Physical Education from Penn State University. A master's degree in health education from North Texas State Univ, and MED in Administration from East Texas State University.

I am a certified Texas teacher.

Experience

I have 38 years teaching experience in Richardson I.S.D. Coaching High School Gymnastics 35 years, and certified as a Gymnastics Official past 40 years (currently hold Elite / Olympic judging rating)

Personal

Married to Paul for going on 9 years. I have two grown daughters and two new grandsons.

I enjoy playing golf, church activities, and judging gymnastics, and spending time with my grandsons

METROPLEX ACADEMY TEACHERS

Jada Hart
7th & 8th Grade Assistant



Experience

7 years teaching in many aspects of child education

Swim instructor for 8 years: ages 4 months- 12 years

Personal

Born and raised in Atlanta, Georgia

Lived in Texas for 7 years

Married with a 2 year old daughter