

METROPLEX GYMNASTICS

Gymnastics, Tumbling & Ninja Schedule

REVISED February 7th

Class Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
9:00	Green Preschool Gym -Mindy	Red Tiny Tots- Mindy	Green Preschool Gym -Mindy	Red Tiny Tots-Mindy		9:00 Green Preschool Gym -Kayla Yellow Preschool Gym- Shea CO-ED BRONZE GYM - Lacey GIRLS SILVER - Brad Beginner Tumbling - Louis	
	Yellow Preschool Gym-Lacey	Green Preschool Gym-Sabrina	Yellow Preschool Gym- Lacey	Green Preschool Gym - Lacey			
		Yellow Preschool Gym-Lacey		Yellow Preschool Gym-Sabrina			
10:00	Red Tiny Tots - Mindy	Pre-school Open Gym 10am - NOON TUESDAYS & FRIDAY AGES 0 - 5 YEARS	Red Tiny Tots - Mindy	Red Tiny Tots-Sabrina	Pre-school Open Gym 10am - NOON TUESDAYS & FRIDAY AGES 0 - 5 YEARS	10:00 Red Tiny Tots- Kayla Green Preschool Gym -Shea Yellow Preschool Gym-Lacey CO-ED BRONZE GYM - Louis Back Handspring - Brad	
	Green Preschool Gym - Lacey		Yellow Preschool Gym-Lacey	Green Preschool Gym - Mindy			Yellow Preschool Gym-Lacey
11:00	Micro Mets- Mindy	AGES 0 - 5 YEARS	Green Preschool Gym - Mindy	Green Preschool Gym - Mindy	AGES 0 - 5 YEARS	11:00 Red Tiny Tots-Kayla Green Preschool Gym -Shea Yellow Preschool Gym-Lacey GIRLS SILVER - Brad JR.Ninja Gym - Louis	
	Yellow Preschool Gym-Lacey		Yellow Preschool Gym-Lacey	Yellow Preschool Gym-Sabrina			
2:00			HOME SCHOOL CO ED GYM & NINJA 3-5 YRS CO ED GYM & NINJA 6 YRS + COACH: MINDY, BRAD & DAREN				
3:45	CO-ED BRONZE GYM - Connor	CO-ED BRONZE GYM - Lacey	CO-ED BRONZE GYM - Ashton	GIRLS SILVER - Louis		PRESCHOOL GYMNASTICS Red TINY TOTS.....CO-ED 12 months - 35 months Green Preschool GymCO-ED 3 - 4 YRS Yellow Preschool Gym4 - 5 year olds boys & girls	
	GIRLS SILVER - Louis	GIRLS SILVER - Lacey	Back Handspring - Collin	JR.Ninja Gym -Connor			
	Ninja Gym - Brad	GIRLS GOLD - Brad	JR.Ninja Gym - Lacey	Beginner Tumbling - Lacey			
		JR.Ninja Gym - Connor		Back Handspring - Brad			
4:00	Yellow Preschool Gym- Lacey	Green Preschool Gym -Mindy	Green Preschool Gym -Mindy	Micro Mets -Mindy		SCHOOL AGE GYMNASTICS BRONZE Gymnastics..... CO-ED 5 - 7 YRS SILVER Gymnastics.....GIRLS 5 - 10 YRS GOLD Gymnastics GIRLS 6 YRS & UP	
	Micro Mets -Mindy	Yellow Preschool Gym- Ashton					
4:45	CO-ED BRONZE GYM - Vairo	CO-ED BRONZE GYM - Ashton	GIRLS SILVER - Colin	CO-ED BRONZE GYM - Louis		TUMBLING BEGINNER TUMBLING.....CO-ED 5 - 8 YRS BACK HANDSPRING.....CO-ED 6 YRS & UP ADVANCED TUMBLING.....CO-ED 7 YRS & UP VARSITY TUMBLING.....CO-ED 7 YRS & UP OPEN TUMBLING & CHEER POWER HOUR CO-ED 10 YRS & OLDER	
	GIRLS GOLD - Brad	GIRLS SILVER - Lacey	GIRLS GOLD - Lacey	GIRLS SILVER - Lacey			
	JR.Ninja Gym - Lacey	GIRLS PLATINUM - Louis		JR.Ninja Gym - Connor			
	Beginner Tumbling- Connor	Beginner Tumbling- Sabrina		Beginner Tumbling- Sabrina			
	Back Handspring - Louis	JR. Ninja Gym - Connor		Back Handspring - Brad			
5:00	Red Tiny Tots- Mindy	Green Preschool Gym -Shea	Green Preschool Gym -Ashton	Green Preschool Gym -Mindy		NINJA GYM KINDER NINJA.....CO-ED 5 - 7 YRS JR NINA.....CO-ED 6 - 10 YRS SR NINJA.....CO-ED 9 YRS & OLDER	
	Yellow Preschool Gym- Shea	Yellow Preschool Gym- Mindy	Yellow Preschool Gym- Mindy	Yellow Preschool Gym- Kayla			
5:45	CO-ED BRONZE GYM - Lacey	CO-ED BRONZE GYM - Lacey	CO-ED BRONZE GYM - Vairo	CO-ED BRONZE GYM - Sabrina		MONTHLY TUITION RED TINY TOTS \$50 PER MONTH PRESCHOOL GYM GREEN & YELLOW.....\$77 PER MONTH BRONZE, SILVER & GOLD GYMNASTICS---\$87 PER MONTH ALL 1 HOUR NINJA & TUMBLING \$87 PER MONTH VARSITY TUMBLING 2 HOURS \$130 PER MONTH OPEN TUMBLING & CHEER POWER HOUR -\$87 PER MONTH ALL HOME SCHOOL \$67 PER MONTH	
	GIRLS SILVER - Louis	GIRLS SILVER - Louis	GIRLS SILVER - Ashton	GIRLS SILVER - Lacey			
	Beginner Tumbling- Vairo	JR. Ninja Gym - Connor	GIRLS PLATINUM - Brad	GIRLS GOLD - Louis			
	JR Ninja Gym - Connor	Back Handspring - Brad	Back Handspring - Collin	JR.Ninja Gym - Connor			
	Back Handspring - Brad	Yellow Preschool Gym- Ashton	VARSAITY TUMBLING 2 HOURS COACH - DARREN	Back Handspring - Brad			
6:00	Green Preschool Gym -Shea	Red Tiny Tots- Sabrina	Red Tiny Tots-Mindy	Green Preschool Gym -Kayla			
	Yellow Preschool Gym- Mindy	Green Preschool Gym -Mindy	Green Preschool Gym -Lacey	Yellow Preschool Gym- Mindy			
		Yellow Preschool Gym- Shea					
6:45	GIRLS SILVER - Connor	GIRLS SILVER - Ashton	CO-ED BRONZE GYM- Ashton	GIRLS SILVER - Kayla			
	GIRLS GOLD - Vairo	GIRLS GOLD - Sabrina	GIRLS SILVER - Vairo	GIRLS GOLD - Sabrina			
	SR. Ninja Gym - Louis	Advanced Tumbling - Brad	SR. Ninja Gym - Brad	JR. Ninja Gym -Connor			
	Beginner Tumbling- Shea	SR. Ninja Gym - Connor	Advanced Tumbling - Collin	Beginner Tumbling- Louis			
	Back Handspring - Brad	Back Handspring - Louis		Back Handspring - Brad			
7:45	OPEN TUMBLING & CHEER POWER HOUR *** GREAT PRICE *** ***BEST DEAL IN TOWN*** Monday - Thursday Come as often as you like for just \$87 per month Coaches: Brad Lavvorn, Collin Wallick & Darren McCoy						