



METROPLEX SWIM - 2 WEEK SESSION



Session 14 July 9th - July 19th

8 CLASSES (30 MIN. EACH) IN 2 WEEKS

All 2 week sessions are Monday-Thursday

THE BEST WAY TO LEARN TO SWIM

REPETITION, REPETITION, REPETITION

When your child repeats swim strokes in 8 classes over 2 weeks
it becomes memory and therefore easier to learn to swim

ALL SESSIONS ARE MONDAY - THURSDAY FOR 2 WEEKS

9:00am - 9:30am	SHARKS 1 - CATIE
9:35am - 10:05am	MINNOWS - CATIE
10:10am-10: 40am	SHARKS 2 - CATIE
10:45am-11:15am	SHARKS 1 - CATIE
11:20 - 11:50	WHALES 1 - CATIE
3:00 - 3:30	SHARKS 1 - SYDNEY
3:35-4:05	MINNOWS - SYDNEY
4:10 - 4:40	WHALES 3 - SYDNEY
4:45 - 5:15	WHALES 1 - SYDNEY
5:30 - 6:00	SHARKS 1 - SYDNEY
6:05 - 6:35	WHALES 1 - SYDNEY
6:40 - 7:10	SHARKS 2 - SYDNEY

CLASS LEVELS & AGE GROUPS

MINNOWS	2 1/2 YRS. - 3 YRS	(Limit 3 per class)	Introduction to water without parent in water
SHARKS: STUDENTS AGE 4 - 5 YEARS			
SHARKS 1 BEGINNERS	4-5 year olds	(Limit 4 per class)	Students that do NOT know how to swim
SHARKS 2 INTERMEDIATE	4-5 year olds	(Limit 4 per class)	Can swim alone 5 - 10 feet
SHARKS 3 ADVANCED	4-5 year olds	(Limit 4 per class)	Knows how to swim, ready to work on advanced strokes
WHALES: STUDENTS AGE 6 & OLDER			
WHALES 1 BEGINNERS	6 yrs. old & up	(Limit 5 per class)	Students that do NOT know how to swim
WHALES 2 INTERMEDIATE	6 yrs. old & up	(Limit 5 per class)	Can swim alone 5 - 10 feet
WHALES 3 ADVANCED	6 yrs. old & up	(Limit 6 per class)	Knows how to swim, ready to work on advanced strokes
2 week session price	Monday - Thursday for 2 weeks \$142 per session		

WHEN A CHILD COMPLETES A 2 WEEK SWIM SESSION

IT IS BEST TO ENROLL IN A WEEKLY SWIM CLASS TO MAINTAIN AND BUILD ON THEIR SWIM SKILLS