

Schedule of Events

WEDNESDAY, MAY 5th

7:30 – 8:30pm
8:30pm

Coaches Packet Pick Up and Check In
Coaches Meeting – Sheraton Dallas

THURSDAY, MAY 6

8:00am – 10:30am
10:00am – 12:30am
12:00pm – 2:30pm
2:00pm – 4:30pm
6:00pm – 9:30pm

Region 5 and Region 7 Training
Region 6 and Region 8 Training
Region 1 and Region 4 Training
Region 2 and Region 3 Training
Welcome Banquet - Eddie Deans Ranch

FRIDAY, MAY 7

8:00am – 10:30am

Training for Saturday JO National Athletes Only
Competition Gym Only

SESSION 1

10:30am – 11:15am
11:30am – 3:30pm
3:30pm – 4:00pm
4:00pm – 4:30pm

JUNIOR A and SENIOR A

Warm Up – General and First Event, Flight 1
Competition
Awards
JO National Team Qualifier Meeting

SESSION 2

4:00pm – 4:45pm
5:00pm – 9:00pm
9:00pm – 9:30pm
9:30pm – 10:00pm

JUNIOR B and SENIOR B

Warm Up – General and First Event, Flight 1
Competition
Awards
JO National Team Qualifier Meeting

SATURDAY, MAY 8

8:00am – 10:30am

Training for JO-NIT Athletes Only
Competition Gym Only

SESSION 3

10:30am – 11:15am
11:30am – 3:30pm
3:30pm – 4:00pm
4:00pm – 4:30pm

JUNIOR C and SENIOR C

Warm Up – General and First Event, Flight 1
Competition
Awards
JO National Team Qualifier Meeting

SESSION 2

4:00pm – 4:45pm
5:00pm – 9:00pm
9:00pm – 9:30pm
9:30pm – 10:00pm

JUNIOR D and SENIOR D

Warm Up – General and First Event, Flight 1
Competition
Awards
JO National Team Qualifier Meeting